

I. COURSE DESCRIPTION:

This course will introduce students to the application of gel nails, tips, sculpting and overlays. Students are expected to complete one full set of gel nails. This course will also introduce students to hair removal with body sugaring. Various esthetic techniques taught in first and second semesters will be reviewed. These esthetic services include advanced facial treatments, spa manicures, and spa pedicures, nail art, speed waxing, make up application and eyelash and eyebrow tinting.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Perform a variety of specialized body and skin care treatments following correct procedures and precautions and supporting client needs (including and not limited to facials, manicures, pedicures, hair removal, and make up applications).

Potential Elements of the Performance:

- Conduct an in depth skin analysis and record the observations and the client's health history to determine service expectations, customized treatments, modifications, or contraindications
 - Perform advanced facials
 - Use and describe advantages and disadvantages of various mediums and techniques required for safe removal of excess body and facial hair such as hard and soft waxes, sugaring and tweezing
 - Perform and customize hand and foot treatments and the complete steps of a professional manicure and pedicure, and explain to the client required modifications and procedures for effective home maintenance
 - Carry out procedures and precautions in the application, maintenance and removal of gel nails, tips, sculpting and overlays
 - Apply make up according to client needs and preferences
 - Determine contraindications and necessary modifications to treatments, utilizing information related to product ingredients and client health history
2. Use a range of specialized equipment and products, in compliance with established national, provincial, industry, and other related standards, regulations, policies and procedures.

Potential Elements of the Performance:

- Use safe and effective cleaning and either disinfection or sterilization methods for instruments, specialized equipment, client draping materials, work surfaces, and work stations as required by local public health units
- Use machines and electrical equipment such as facial steamers, brushing machine, high frequency and galvanic machines safely and appropriately while conducting professional body and skin care treatments
- Use manicure and pedicure instruments in a safe, correct, and professional manner, considering client health history and needs

- Correctly operate and determine maintenance requirements for equipment in compliance with occupational health and safety legislation, regulations, national and provincial infection prevention and control guidelines, policies and procedures
 - Maintain and store all instruments, materials and supplies according to manufacturer's guidelines and as required by local public health units
3. Apply relevant knowledge of anatomy, physiology, and histology to the provision of specialized esthetic treatments and services.

Potential Elements of the Performance:

- Apply knowledge of the structure and composition of the skin, identifying skin types, skin disorders, and related conditions
 - Assess the impact of general health, age, gender, nutrition, and diet, stress, and external environmental factors on the skin and determine appropriate skin care treatments
 - Apply knowledge of body systems, such as immune and circulatory systems, and apply their basic functions to the provision of esthetic services, taking into account contraindications, cautions, and appropriate modifications
4. Adhere to health, safety, sanitation, and infection and prevention control guidelines, according to current legislation and national, provincial, municipal, and industry standards and regulations.

Potential Elements of the Performance:

- Use safe cleaning and either disinfection or sterilization methods during treatments, in accordance with national, provincial, and municipal regulations, and manufacturer's guidelines
 - Clean and either disinfect or sterilize tools after each use, keep work stations clean, and safely dispose of non reusable items, in accordance with proper hygiene procedures as required by local public health units
 - Use gloves, mask, eye protection, and other suitable personal protective equipment appropriately during the provision of treatments to ensure safety of the client and others
 - Seek out information and follow guidelines pertaining to occupational health and safety legislation, regulations, established policies and procedures, and relevant municipal by laws
 - Handle hazardous materials and dispose of waste and equipment in compliance with current legislation, municipal by laws, regulations, standards, and established policies and procedures
5. Select and recommend the use of esthetic products and product ingredients to clients, taking into account health status and identified needs.

Potential Elements of the Performance:

- Take into account skin types and conditions to recommend to clients specific ingredients in esthetic products and appropriate treatments for each skin type and condition
- Identify the properties, classifications, effects, and contraindications of a variety of ingredients found in esthetic products

- Consult with and recommend to clients essential home maintenance products in order to maintain the health of the skin
 - Promote the features and benefits of esthetic products and services to clients to assist them in determining a course of action matched to their needs, lifestyle, and personal preferences
 - Explain a home maintenance schedule and demonstrate to the client the correct usage of various skin care products
 - Explain to the client the benefits and effects of ingredients used in body and skin care
6. Establish and maintain professional relationships in adherence to standards and ethics associated with the profession.

Potential Elements of the Performance:

- Adhere to professional expectations for dress, hygiene, and grooming (Esthetician Diploma Program Policies and Procedures)
 - Adhere to the Code of Ethics associated with the Esthetic Industry
 - Comply with the Student Code of Conduct regarding behavior
 - Comply with the terms of the Confidentiality Agreement
 - Demonstrate punctual and regular attendance
 - Demonstrate accountability for your academic and professional growth
 - Employ effective interpersonal, verbal, and non verbal communication skills in dealing with clients, peers, supervisors and professors
 - Conduct a professional client consultation and needs analysis and elicit appropriate information in order to recommend a range of customized esthetic services
 - Comply with and promote municipal, provincial, and federal regulations related to Esthetician licensing, insurance, registration, and certification, where appropriate
7. Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change.

Potential Elements of the Performance:

- Solicit constructive feedback relating to one's performance, strengths, and limitations to identify areas for professional growth and development
- Determine current trends and issues impacting upon the delivery of esthetic services
- Review the role and mandate of professional associations affiliated with the esthetician field of practice
- Identify learning resources and opportunities which promote professional competence and skill development

III. TOPICS:

1. Body Sugaring
2. Gel Nails, Tips and Overlays
3. Colored and French Nail Polish Applications
4. Nail Art
5. Nail Repair Techniques
6. Nail Silk Wraps
7. Spa Manicures
8. Spa Pedicures
9. Speed Waxing
10. Advanced Facial Treatments
11. AHA Facial Treatments
12. Eyebrow and Eyelash Tinting
13. Makeup Application

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Handouts, texts and supplies from previous semesters.

V. EVALUATION PROCESS/GRADING SYSTEM:

Student must attend at least 80% of their classes, apply one full set of gel nails and receive an S from supervised skills practice in order to receive a credit for this course.

Students will complete the service announced for class that day. This will be evaluated and logged by the professor at the end of each class in order to properly assess your progress.

Weekly treatments will be assessed as Satisfactory or Unsatisfactory. Students demonstrating unsatisfactory treatments will be assigned mandatory remedial work.

Evaluation of all treatments will be progressive throughout the semester. Any student failing to demonstrate satisfactory treatments will be assigned an unsatisfactory grade of U as a final grade. U as a final grade will be a failing grade.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 – 79%	2.00
C	60 – 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	0.00

CR (Credit)	Credit for diploma requirements has been awarded.
S	Satisfactory achievement in field /clinical placement or non-graded subject area.
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Disability Services:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Disability Services office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Communication:

The College considers Web CT/LMS as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the Learning Management System communication tool.

Tuition Default

Students who have defaulted on the payment of tuition (tuition has not been paid in full, payments were not deferred or payment plan not honored) as of the first week of June will be removed from placement and clinical activities. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as a result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in the *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.